



College of  
Arts & Sciences  
Department of Psychology

DREAMS Lab

<https://mxia.people.ua.edu>

The F.E.E.L.ING Study:  
**F**amily **E**nhancing **E**motion and  
Interpersona**L** Competence and  
Strengths for Adolescent Well-Be**ing**

***A research study about how family interactions  
contribute to adolescents' well-being.***

- **Five easy and convenient online surveys you can complete from anywhere.**
- **Families can earn up to \$50 for their participation, and have the chance to win an additional \$10 gift card (via successful referral of three other families)!**
- **Click the link to see more details!**

**What's Involved?**

- **The caregiver and the youth in each family complete 5 online surveys in total (each 30-45 mins)**
- **Procedure:**
  1. **The caregiver signs up via the link**
  2. **Now:**
    - The youth complete one survey
    - The caregiver complete one survey
  3. **In 2-month:**
    - The youth complete one survey
  4. **In 6-month:**
    - The youth complete one survey
    - The caregiver complete one survey

**How do we qualify?**

- ★ **A parent living with an adolescent in middle or high school**
- ★ **Access to internet or cellular data for completing survey**
- ★ **Willingness to participate**

**For more information please contact:**

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**A study being conducted at**

THE UNIVERSITY OF  
**ALABAMA**<sup>®</sup>

**Scan the code to  
participate!**

