



College of
Arts & Sciences
Department of Psychology

DREAMS Lab

<https://mxia.people.ua.edu>

The F.E.E.L.ING Study:

Family **E**nhancing **E**motion and
Interpersona**L** Competence and
Strengths for Adolescent Well-Be**I**ng

***A research study about how family interactions
contribute to adolescents' well-being.***

- **Five easy and convenient online surveys you can complete from anywhere.**
- **Families can earn up to \$50 for their participation, and have the chance to win an additional \$10 gift card (via successful referral of three other families)!**
- **Click the link to see more details!**

What's Involved?

- **The caregiver and the youth in each family complete 5 online surveys in total (each 30-45 mins)**
- **Procedure:**
 1. **The caregiver signs up via the link**
 2. **Now:**
 - The youth complete one survey
 - The caregiver complete one survey
 3. **In 2-month:**
 - The youth complete one survey
 4. **In 6-month:**
 - The youth complete one survey
 - The caregiver complete one survey

How do we qualify?

- ★ **A parent living with an adolescent in middle or high school**
- ★ **Access to internet or cellular data for completing survey**
- ★ **Willingness to participate**

DREAMS Lab

The Dynamics of Relationship, Emotion, and Asset in Multiple Systems Lab



A study being conducted at

THE UNIVERSITY OF
ALABAMA[®]

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