

Mengya Xia

Department of Psychology, The University of Alabama
169 Gordon Palmer Hall, Tuscaloosa, AL, 35487
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Education

Ph.D., Human Development and Family Studies	2019
The Pennsylvania State University, University Park, PA	
M.Ed., General Psychology	2012
Wuhan University, Wuhan, China	
B.S., Psychology & B.E., Computer Science and Technology	2010
Wuhan University, Wuhan, China	

Employment

Assistant Professor, Department of Psychology	2019 – Present
The University of Alabama, Tuscaloosa, AL	
Graduate Research Assistant, Department of Human Development & Family Studies	2012 – 2019
The Pennsylvania State University, University Park, PA	

Research Interests

- Family systems, dynamics, and processes
- Individual flourishing and positive development (e.g., positive interpersonal relationships, virtues, strengths, competences, social-emotional development, achievement, and well-being)
- Advanced methods for assessing complex, dynamic, system-oriented constructs and processes (e.g., mixture modeling, multilevel modeling, dynamical systems models)

Honors and Awards

The Early Career Preventionists Network Travel Award	2019
The Society for Prevention Research	
Graduate Student Travel Awards	2019
The Society for Research on Child Development	
Emerging Scholar Spotlight	2018
The Society for Research on Adolescence	
Poster Contest Honorable Mention	2018
The Society for Prevention Research	
Prevention and Methodology Training (PAMT) Fellowship	2016 – 2018
The Pennsylvania State University	
William P. Douglas and Joyce Hodgins Douglas Research Endowment	2016
The Pennsylvania State University	
Honors Thesis	2012
Wuhan University	
Hu Qiuyuan & Jing Xiaoru Scholarship	2011
Wuhan University	

Graduate Student Scholarship Wuhan University	2011
Graduate Fellowship Wuhan University	2010
Excellent Individual in Social Practice Wuhan University	2008
Outstanding Scholarship Wuhan University	2007
The Scholarship for Freshmen Wuhan University	2006

Peer Reviewed Manuscripts

[†]Denotes co-first authorship

*Denotes graduate student or another fellow

Xia, M., Bray, B. C., & Fosco, G. M. (In Press). Triadic Family Structures and Their Day-to-Day Dynamics From an Adolescent Perspective: A Multilevel Latent Profile Analysis. *Family Process*.

Xia, M., Fosco, G. M., Bray, B. C., & Grych, J. H. (In Press). Constellations of Family Closeness and Adolescent Friendship Quality. *Family Relations*.

Xu, X., **Xia, M.**, & Pang, W. (2021, online first). Family socioeconomic status and Chinese high school students' test anxiety: Serial mediating role of parental psychological control, learning resources, and student academic self-efficacy. *Scandinavian Journal of Psychology*. <https://doi.org/10.1111/sjop.12750>

[†]Xu, X., [†]**Xia, M.**, & Pang, W. (2021, online first). Be real, open, and creative: How openness to experience and to change mediate the authenticity-creativity association. *Thinking Skills and Creativity*. <https://doi.org/10.1016/j.tsc.2021.100857>

Hart, W., *Kinrade, C., **Xia, M.**, & *Lambert, J. T. (2021, online first). The Positive-Passion Hypothesis: Grandiose but not Vulnerable Narcissism Relates to High-Approach Positive Affect Following Provocation. *Personality and Individual Difference*. <https://doi.org/10.1016/j.paid.2021.110983>

McCauley, D. M., Sloan, C. J., **Xia, M.**, & Fosco, G. M. (2021). Same Family, Divergent Realities: How Triangulation Preserves Parents' Illusory Harmony while Adolescents Navigate Interparental Conflicts. *Journal of Family Psychology*, 35(2), 128-137. <https://doi.org/10.1037/fam0000785>

Cundiff, J. M., Duggan, K. A., **Xia, M.**, & Matthews, K. A. (2021). Prospective Associations of Parenting and Childhood Maltreatment with Personality in Adolescent Males. *Journal of Research on Adolescence*, 31(2), 417-434. <https://doi.org/10.1111/jora.12613>

Xia, M., Lv, H., & Xu, X. (2021, online first). Validating the Chinese Version Authenticity Scale: Psychometrics in College and Community Samples. *Current Psychology*. <https://doi.org/10.1007/s12144-020-01326-7>

Xu, X., Pang, W., & **Xia, M.** (2020, online first). Are emotionally intelligent people happier? A meta-analysis of the relationship between emotional intelligence and subjective well-being using Chinese samples. *Asian Journal of Social Psychology*. <https://doi.org/10.1111/ajsp.12445>

Xu, X., Zhao, J., **Xia, M.**, & Pang, W. (2021). I Can, but I Won't: Authentic People Generate More Malevolently

Creative ideas, but are Less Likely to Implement Them in Daily Life. *Personality and Individual Differences*, 170, 110431. <https://doi.org/10.1016/j.paid.2020.110431>

White, S. W., **Xia, M.**, & Edwards, G. (2021). Race, gender, and scholarly impact: Disparities for women and faculty of color in clinical psychology. *The Journal of Clinical Psychology*, 77, 78-89. <https://doi.org/10.1002/jclp.23029>

Coffey, J. K., **Xia, M.**, & Fosco, G. M. (2020, online first). When Do Adolescents Feel Loved? A Daily Within-Person Study of Parent-Adolescent Relations. *Emotion*. <http://dx.doi.org/10.1037/emo0000767>

Xia, M., Weymouth, B., Bray, B. C., Lippold, M. A., Feinberg, M. E., & Fosco, G. M. (2020). Exploring Triadic Family Relationship Profiles and Their Implications for Adolescents' Early Substance Initiation. *Prevention Science*, 21, 519-529. <https://doi.org/10.1007/s11121-019-01081-7>

Lydon-Staley, D. M., **Xia, M.**, Mak, H. W., & Fosco, G. M. (2019). Adolescent Emotion Network Dynamics in Daily Life and Implications for Depression. *Journal of Abnormal Child Psychology*, 47(4), 717-729. <https://doi.org/10.117605/OSF.IO/7J92Y>

Xia, M., Fosco, G. M., Lippold, M. A., & Feinberg, M. E. (2018). A Developmental Perspective on Young Adult Romantic Relationships: Examining Family and Individual Factors in Adolescence. *Journal of Youth and Adolescence*, 47(7), 1499-1516. <https://doi.org/10.1007/s10964-018-0815-8>

Feinberg, M. E., **Xia, M.**, Fosco, G. M., Heyman, R. E., & Chow, S. (2017). Dynamical Systems Modeling of Couple Interaction: A New Method for Assessing Intervention Impact Across the Transition to Parenthood. *Prevention Science*, 18(8), 887-898. <https://doi.org/10.1007/s11121-017-0803-3>

Fosco, G. M., Van Ryzin, M., **Xia, M.**, & Feinberg, M. E. (2016). Trajectories of Adolescent Hostile-Aggressive Behavior and Family Climate: Longitudinal Implications for Young Adult Romantic Relationship Competence. *Developmental Psychology*, 52(7), 1139-1150. <https://doi.org/10.1037/dev0000135>

Xia, M., Fosco, G. M., & Feinberg, M. E. (2016). Examining Reciprocal Influences Among Family Climate, School Attachment, and Academic Self-Regulation: Implications for School Success. *Journal of Family Psychology*, 30(4), 442-452. <https://doi.org/10.1037/fam0000141>

Kaufman, E., **Xia, M.**, Fosco, G. M., Yaptangco, M., Skidmore, C. R. & Cowell, S. E. (2016). The Difficulties in Emotion Regulation Scale Short Form (DERS-SF): Validation and Replication in Adolescent and Adult Samples. *Journal of Psychopathology and Behavioral Assessment*, 38(3), 443-455. <http://dx.doi.org/10.1007/s10862-015-9529-3>

Fosco, G. M., **Xia, M.**, Lynn, M. G., & Grych, J. H. (2016). Triangulation and Parent-Adolescent Relationships: Implications for Adolescent Dating Competence and Abuse. *Journal of Research on Adolescence*, 26(3), 524-537. <https://doi.org/10.1111/jora.12210>

Zhang, C., & **Xia, M.** (2012). Psychological Theory Research on the Causes of Suicide. *Theory Monthly*, 12, 163-167. (in Chinese)

Under Review

Glenn, A.L., White, S.W., *Brewer, A.M., **Xia, M.**, & *Smith, J. V. (Revise and Resubmit). Barriers to

Improving Student Mental Health in Elementary and Middle Schools: Perspectives of School Personnel. *Journal of Emotional and Behavioral Disorders*.

Wang, Y., & **Xia, M.** (Revise and Resubmit). Academic performance under COVID-19: the role of online learning readiness and emotional competence. *Current Psychology*.

Xia, M., & Xu, X. (Submitted). Does Authenticity Always Breed Well-being? A Cross-Cultural Comparison Between the United State and China. *Journal of Happiness Studies*.

Xu, X., **Xia, M.**, & Pang, W. (Submitted). Do authentic people generate more creative solutions to help others? The mediating role of perspective taking. *The Journal of Creative Behavior*.

Xu, X., **Xia, M.**, & Pang, W. (Submitted). All roads lead to Rome? Authenticity, openness to experience, and risk taking relate to general and malevolent creativity differently. *The Journal of Creative Behavior*.

Xia, M. (Submitted). Different families, diverse strengths: from early childhood family processes and adolescent's well-being. *Child Development*.

Xu, X., **Xia, M.**, & Pang, W. (Submitted). Authenticity relates to higher academic achievement and lower academic cheating: The mediating role of mastery approach goals. *Personality and Individual Differences*.

In Preparation

Xia, M., Lanza, S.T., Linden-Carmichael, A., & Fosco, G.M. How does love flow in the family when there is a conflict? A daily diary study on love dynamics *Journal of Positive Psychology*.

Xia, M., *Chen, Y., & Hudac, C. M. Making sense of love: definition, construct, and core components from a dynamic process perspective. *American Psychologist*.

*Chen, Y., **Xia, M.**, & *Dunne, S. C. A qualitative study on core components of love in the romantic relationship. *Current Psychology*.

Xia, M., *Chen, Y., & *Dunne, S. C. Shared components, differentiated weights: a mixed method study on core components of love in family, romantic, and friend relationships. *Journal of Social & Personal Relationships*.

Xia, M., & Xu, X. Authentic individuals have a more positive attitude toward life: a cross-cultural study on authenticity, hope, resilience, and positive coping. *Journal of Positive Psychology*.

†Xu, X., †**Xia, M.**, Chen, Q. & Pang, W. Flow experience links authenticity to creative ideation. *Psychology of Aesthetics Creativity and the Arts*.

*Lin S. S-H, *Erwin, H. B., *Letang, S. K., **Xia, M.**, & McDonough, I. M. Ethnoracial Disparity and the Rurality Effect on older adults: The Impact of Education on Episodic Memory Over 20 Years.

Roskos, B., Sickler, S., & **Xia, M.** Feeling comfortable after a liminal transition: The importance of house qualities, territoriality, and place identity.

*Choi, J., Black, S. R., *Kraemer, K. R., **Xia, M.**, & Harrell, E. The effects of executive functioning and memory on financial decision making among individuals with Type 2 diabetes.

*Shi, Q., Man, K., **Xia, M.**, & Shannon, N. An SEM-based joint modeling approach on response time to assess cheating-related test behaviors.

Grants

Awarded

Office for Research Development (ORED) Small Grant Program (PI: Xia) 1/1/21-12/31/22
 “Family Dynamics and Adolescent Well-Being in Diverse Populations”
 Role: PI \$12,000

National Institutes of Health (NIH), R15 MH124041 (PI: Hudac) 9/7/20-8/31/23
 “Evaluation of the underlying structure of adolescent social attention”
 Role: Co-I \$430,515

East China Normal University, 2019ECNU-HWFW022 (PI: Xu) 4/12/19-4/12/22
 “Grade-oriented parental psychological control and high school students’ academic outcomes: gender differences and protective factors”
 Role: Co-I ¥40,000 (~\$5,600)

Submitted

National Institutes of Health (NIH) (MPI: Xia, Hudac)
 “Convergence of Temporal and Neural Underpinnings of Individual Social Connection: Implications of Quality, Quantity, and Need in Social Connection on Wellbeing”
 Role: PI \$3,381,246

National Institutes of Health (NIH) (PI: Glenn)
 “Effectiveness of Group Parent Training Online: Implementation in High-Risk Communities with Stakeholder Input”
 Role: Co-I \$655,815

National Institutes of Health (NIH) (MPI: White, Kana)
 “A Neurobiological Framework of Emotion Dysregulation to Predict Comorbidity Among Adolescents with Autism”
 Role: Co-I \$3,553,324

National Institutes of Health (NIH) (PI: Gunn)
 “Socioecological approach to school start times and sleep health disparities in underrepresented youth”
 Role: Co-I \$430,184

National Institutes of Health (NIH) (PI: White)
 “UA ALACRITY Center: Accelerating Implementation of Evidence-Based Intervention in Schools”
 Role: Co-I \$10,252,058

Patient-Centered Outcomes Research Institute (PCORI) (PI: Kana)
 “A Multilevel Comparative Efficacy Study of Social Skills Interventions in Autism Spectrum Disorder” (Not

Funded)	
Role: Co-I	\$2,731,849
National Institutes of Health (NIH) (PI: White)	
“Validation of biological and behavioral markers of social anxiety in adolescents” (Not Funded)	
Role: Co-I	\$398,774
National Institutes of Health (NIH) (PI: Hudac)	
“Validation of candidate biomarkers of sociocognitive (dis)abilities for adolescents with intellectual disabilities” (Not Funded)	
Role: Co-I	\$3,383,779
National Institutes of Health (NIH) (PI: Jarrett)	
“Feasibility and acceptance of a school-based Taekwondo intervention for youth” (Not Funded)	
Role: Co-I	\$645,491

Conference Presentations and Other Talks

**Denotes graduate student or other fellows*

Conference Presentations

- Xia, M.** (November, 2021). Different Families, Diverse Strengths: Profiles of Early Childhood Family Processes and Adolescent's Well-Being. Interactive poster to be presented at 2021 National Council on Family Relations Annual Conference, Baltimore, MD.
- *Chen, Y., **Xia, M.**, *Dunne, S., & *Freund, A. (November, 2021). What Makes an Individual Feel Loved by Their Parents? Building a Coding System on Perceiving Parental Love. Interactive poster to be presented at 2021 National Council on Family Relations Annual Conference, Baltimore, MD.
- *Shi, Q., Man, K., He, Q., & **Xia, M.** (October - December, 2021). Detecting Cheating Behaviors Through Joint-Modeling Responses and Response Time Based on SEM. Paper to be presented at the 2021 Conference on Test Security Virtually.
- Xia, M.**, & Wang, Y. (July, 2021). What is most important for well-being? The implication of psychological need satisfaction and strengths for life satisfaction and flourishing. Pre-recorded presentation at the 7th International Positive Psychology Association World Congress 2021 (IPPA WC 2021) virtually.
- *Marquez, F.D., Decker A.N., Taber, J.M., **Xia, M.**, Cribbet, M.R. (June, 2021). Early Life Adversity and Central Symptoms of Sleep Disturbance: A Network Analysis [Conference Workshop]. Abstract presented at the 35th annual meeting of the Associated Professional Sleep Societies, Seattle, WA.
- *Shi, Q., Man, K., **Xia, M.**, & *Shannon, N. (April, 2021). An SEM-based joint modeling approach on response time to assess cheating-related test behaviors. Paper presented at the Southeastern Universities Graduate Research Symposium (SUGRS) 2021 Virtual Event.
- *Massey, K., Parker, J., & **Xia, M.** (April, 2021). The Faces and Facets of Competition in Adolescent Friendship Triads. Poster presented at the Society for Research in Child Development virtually (2021 Virtual Biennial Meeting).

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- Xia, M., Fosco, G.M., & Lanza, S.** (March, 2021). When Parents Have a Conflict: Fluctuations in the Influence of Parent-Adolescent Conflict on Adolescent Negative Moods Across Days. Paper presented in symposium: Hochgraf, A. (Chair), *Examining Developmental Links Between Family Processes and Adolescent Adjustment Using Innovative Methods*, Society for Research on Adolescence virtually (SRA Virtual 2021).
- Coffey, J.K., **Xia, M.**, & Fosco, G. (September, 2020). *Am I feeling loved today? Parent reported warmth and conflict predict adolescents' daily fluctuations in feeling loved*. Paper presented in feature symposium, What is Love, at The Love Consortium Digital Event, Chapel Hill, NC.
- *Massey, K., Parker, J., & **Xia, M.** (June, 2020). Faces and facets of competition in adolescent friendship triads. Poster to be presented at the International Society for the Study of Behavioral Development Biennial Meeting, Island of Rhodes, Greece. (conference canceled)
- Xia, M., Fosco, G.M., & Lanza, S.** (March, 2020). When Parents Have a Conflict: Fluctuations in the Influence of Parent-Adolescent Conflict on Adolescent Negative Moods Across Days. Paper to be presented in symposium: Hochgraf, A. (Chair), *Examining Developmental Links Between Family Processes and Adolescent Adjustment Using Innovative Methods*, Society for Research on Adolescence, San Diego, CA. (conference canceled)
- Xia, M., Fosco, G.M., & Bray, B.C.** (March, 2020). Triadic Family Relationship Dynamics and Adolescent Well-Being. Paper to be presented in symposium: Zheng, Y. (Chair), *Innovative Theoretical and Methodological Approaches toward Parenting and Parent-Adolescent Relationship*, Society for Research on Adolescence, San Diego, CA. (conference canceled)
- Coffey, J.K., **Xia, M.**, & Fosco, G. (January, 2020). When am I loved: Adolescents' daily fluctuations in feeling loved are predicted by parent-reported warmth and conflict. Paper presented at Society for Social Work Research, Washington, DC.
- McCauley, D., Sloan, C., **Xia, M.**, & Fosco, G.M. (November, 2019). The Role of Triangulation in Diverging Perspectives of Interparental Conflict: A Daily Diary Study. Poster presentation, the National Council on Family Relations. Fort Worth, TX.
- Coffey, J.K., **Xia, M.**, & Fosco, G.M. (July, 2019). Feeling Loved: How Adolescents' Daily Fluctuations in Feeling Loved Are Predicted by Parent-Reported Support and Conflict. Paper presentation, the 6th World Congress on Positive Psychology. Melbourne, Australia.
- Xia, M., Bray, B.C., & Fosco, G.M.** (May, 2019). Multilevel Latent Profile Analysis for Daily Diary Data: Understanding Triadic Family Dynamics. Paper presentation in symposium: Bray, B.C. (Chair), *Applying Latent Class Models in Prevention Science: Practical Solutions to Everyday Problems*, Society for Prevention Research. San Francisco, CA.
- Xia, M.** (March, 2019). Chair, Symposium: *Focusing on Family Strengths: Understanding Positive Development in a Family Context*. Symposium presented at Society for Research in Child Development. Baltimore, MD.
- Xia, M., Fosco, G.M., & Bray, B.C.** (March, 2019). Profiles of Family Relationship Dynamics: Associations with Adolescent Flourishing. Paper presentation in symposium: Xia, M. (Chair), *Focusing on Family Strengths: Understanding Positive Development in a Family Context*, Society for Research in Child Development. Baltimore, MD.
- McCauley, D. M., **Xia, M.**, Sloan, C. J., & Fosco, G. M. (March, 2019). Evaluating interparental conflict and

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- triangulation within the family system on a daily time scale. Poster presentation, Society for Research in Child Development. Baltimore, MD.
- Xia, M.**, Weymouth, B., Bray, B. C., Lippold, M. A., Feinberg, M. E., & Fosco, G. M. (May, 2018). Exploring Influence of Triadic Family Relationship Profiles on Adolescents' Early Substance Initiation. Poster presentation, Society for Prevention Research, Washington, D.C.
- Xia, M.**, Fosco, G. M., Bray, B. C. (April, 2018). Triadic Dance on a Daily Basis: Profiles of Mother-Father-Adolescent Triadic Relationship Forms and Dynamics. Poster presentation, Society for Research on Adolescence, Minneapolis, MN.
- Fosco, G. M. & **Xia, M.** (June, 2017). Daily Variation in Family Cohesion and Conflict: Implications for Adolescent Psychopathology and Well-Being. Poster presentation, Society for Prevention Research, Washington, D.C.
- Xia, M.**, & Fosco, G. M. (April, 2017). What Makes Adolescents Feel Loved by Their Parents? Daily Dynamics Among Support, Conflict, and Relationship Quality. Poster presentation, Society for Research in Child Development, Austin, TX.
- Lydon-Staley, D., **Xia, M.**, & Fosco, G. M. (April, 2017). Emotion Network Density and Association with Symptoms of Psychopathology in Adolescents. Paper presentation, Society for Research in Child Development, Austin, TX.
- Xia, M.**, Fosco, G. M., & Feinberg, M. E. (March, 2016). Examining Intergenerational Links between Parent and Adolescent Self-Esteem: A Family Process Model. Poster presentation, Society for Research on Adolescence, Baltimore, MD.
- Xia, M.**, Fosco, G. M., Bray, B. C., & Grych, J. H. (March, 2016). Profiles of Triadic Family Relationships: Predictors and Implications for Adolescent Friendship Quality. Poster presentation, Society for Research on Adolescence, Baltimore, MD.
- Lv, H., **Xia, M.**, Tian, B., & Xiang, Z. (October, 2015). Collective self-esteem and personal self-esteem changes under the group-directed threat within Chinese culture. Paper presentation, Proceedings of Cross-Cultural Occupational Health Psychology Forum, Wuhan, China.
- Xia, M.**, Fosco, G. M., & Feinberg, M. E. (March, 2015). A Developmental Perspective of Family Influences to Romantic Relationships: Effects of Family and Individual Variables. Paper presentation, Society for Research in Child Development, Philadelphia, PA.
- Xia, M.**, Fosco, G. M., & Feinberg, M. E. (March, 2015). Examining the Interplay between Family Climate, School Attachment, and Academic Self-Regulation: Implications for School Success. Poster presentation, Society for Research in Child Development, Philadelphia, PA.
- Mak, H., Fosco, G. M., **Xia, M.**, & Grych, J. H. (March, 2015). Children's Patterns of Emotion Regulation during Interparental Conflicts: Implication for Children's Adjustment. Poster presentation, Society for Research in Child Development, Philadelphia, PA.
- Xia, M.**, Fosco, G. M., & Grych, J. H. (March, 2014). Initial Investigation on Adolescent's Schematic Representation of Interpersonal Conflict: Implications for Adolescent Outcomes. Poster presentation, Society

for Research on Adolescence, Austin, TX.

Xia, M., Lynn, M., Fosco, G. M., & Grych, J. H. (April, 2013). Transmission of Relationship Dysfunction: Examining Mechanisms Linking Triangulation into Parental Discord and Adolescent Romantic Relationships. Poster presentation, Society for Research in Child Development, Seattle, WA.

Zhang, C, & **Xia, M.** (October, 2011). Assessment of Belonging in Non-profit Organization: Development of School Belongingness Scale in Chinese Public University Students. Paper presentation, the 1st International Conference of the Public Human Resource Management, Wuhan, China.

Xia, M. (September, 2011). Review and prospect on the research of Chinese “self”: a cultural perspective. Paper presentation in the symposium, *Conflict and Adjustment in Multiple Values*, the 7th Chinese Psychologist Conference, Taipei, Taiwan.

Xia, M. (November, 2010). The Characteristics of the School Belonging and its Relation to Activity Engagement. Paper presentation in the symposium, *School Psychology*, the 13th National Academic Congress of Psychology, Shanghai, China.

Other Talks

Xia, M. (April, 2021). Overview of Love Project. Guest lecture at PY630 Affective Neuroscience, Department of Psychology. Tuscaloosa, AL.

Xia, M. (January, 2021). Adolescent Roundup—Research in the Dynamic of Relationship, Emotion, and Asset in Multiple Systems (DREAMS) Lab. Presentation at Developmental Science Contemporary Issues, Department of Psychology. Tuscaloosa, AL.

White, S. W. & **Xia, M.** (September, 2020). Gender and Race in Academic Psychology. Presentation at Department Coffee Hour, Department of Psychology. Tuscaloosa, AL.

Xia, M. (April, 2020). Adolescent Emotional and Interpersonal Health in Family Systems. Presentation at Clinical Child Proseminar, Department of Psychology. Tuscaloosa, AL.

Xia, M. (February, 2020). Introduction to the Time-Varying Effect Modeling (TVEM). UA Library Data Services Workshop. Tuscaloosa, AL.

Xia, M. (October, 2019). Family system dynamics and adolescent well-being. Presentation at Center for Youth Development and Intervention. Tuscaloosa, AL.

Xia, M. (November, 2019). Advanced statistical methods for intervention study design. Presentation at Developmental Science Contemporary Issues, Department of Psychology. Tuscaloosa, AL.

Undergraduate Conference Presentations

*Watson, C., & **Xia, M.** (March, 2021). The Influence of Technology-Based Engagement Versus Active Engagement of Adolescent's Parents and the Influence on Parent-Child Relationship Quality: A Pilot Study. Poster Presentation at Undergraduate Research and Creative Activity Conference 2021, Tuscaloosa, AL. (URCA Winners 2021, 2nd place in Social Science category).

*Sliman, H., *Connelly, T., *Chen, Y., & **Xia, M.** (March, 2021). The Gender Differences on What Makes

Individuals Feel Loved by a Romantic Partner. Poster Presentation at Undergraduate Research and Creative Activity Conference 2021, Tuscaloosa, AL.

*Freund, A., & Xia, M. (March, 2021). What makes an individual feel loved? Determining perceived love across relationships. Poster Presentation at Undergraduate Research and Creative Activity Conference 2021, Tuscaloosa, AL.

Teaching Experience

The University of Alabama, Department of Psychology

- Graduate
 - PY 618 Statistical Consulting
 - PY 615 Structural Equation Modeling
 - PY 693 Advanced Statistical Methods: LCA, TVEM, & ILDA
- Undergraduate
 - PY 461 Child Psychology

The Pennsylvania State University, Department of Human Development and Family Studies

- Undergraduate
 - HDFS 495A/B Internship: Advanced Experience/Project (online)
 - HDFS 312W Empirical Inquiry in Human Development (lab)
 - HDFS 239 Adolescent Development

Methodological Expertise

- Proficient with SPSS, AMOS, Mplus, SAS, R, & Qualtrics survey software
- Expertise in structural equation modeling (SEM), mixture modeling (e.g., latent profile analysis), multilevel modeling (MLM), time-varying effect modeling (TVEM), dynamical system modeling, and other innovative methods for intensive longitudinal data analysis

Specialized Training

Grant Writing Institute, University of Alabama Presenter: Dave Bauer	2020-2021
VISIONS Training on Diversity, Equity, and Integration VISIONS trainers: Jabari Brown, Jeanne Firth, and Joan Schoenhals	May, 2021
An Introduction to Multilevel Modeling (MLM) for Intensive Longitudinal Data Presenter: Michael Russel, Ph.D	November, 2018
Safer People Safer Places—LGBTQ+ Foundations Workshop Presenter: Brian Patchcoski, M.Ed.	October, 2018
Addressing Age-Related Change Using the Time-Varying Effect Model Workshop Presenter: Stephanie Lanza, Ph.D., & Ashley Linden-Carmichael, Ph.D.	July, 2018
Analyzing Intensive Longitudinal Data with Group Iterative Multiple Model Estimation (GIMME)	April, 2018

Presenter: Adriene Beltz, Ph.D.

Grant Writing Workshop: Private Foundations Proposals

October, 2017

Presenter: Lee Carpenter

Penn State Certificate for Online Teaching

August, 2015

The 20th Annual Graduate Student Summer Methods Workshop

June, 2013

Presenters: Kenneth A. Bollen, Ph.D., Tim F. Liao, Ph.D., David Johnson, Ph.D., & Sy-Miin Chow, Ph.D.

The Latent Profile Analysis Statistics Workshop

May, 2013

Presenter: Bethany Bray, Ph.D.

Method Courses Training in HDFFS, The Pennsylvania State University

2012-2015

- Longitudinal Structural Equation Modeling
- Person-Specific and EMA Data Analysis
- Dynamic Systems Analysis for Behavioral Sciences
- An Introduction to Latent Class/Profile Analysis
- Introduction to Time-Varying Effect Modeling

Professional Activities

- **Ad hoc Reviewer:**
 - Applied Developmental Science
 - Current Psychology
 - Family Relations
 - Journal of Clinical Child and Adolescent Psychology
 - Journal of Family Psychology
 - Journal of Genetic Psychology
 - Journal of Research on Adolescence
 - Journal of Social and Personal Relationships
 - Preventive Medicine Reports
 - Stress & Health
- **Editorial Board:**
 - Applied Developmental Science
 - Journal of Genetic Psychology
- **Professional Service**
 - 2015: Abstract Review Family Processes Panel, Society for Research on Adolescence
 - 2019: Abstract Review Group, Society for Prevention Research
 - 2019: Abstract Review Family Processes Panel, Society for Research on Adolescence
 - 2021: Proposal Review, National Council on Family Relations
- **Membership**
 - American Psychological Association
 - International Positive Psychology Association

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- National Council on Family Relations
 - Society for Prevention Research
 - Society for Research in Child Development
 - Society for Research on Adolescence

Advising

- Graduate faculty: Department of Psychology, University of Alabama, 2019—current
- Preliminary Dissertation Committee Member
 - *Denotes serving as co-chair*
 - Jenna Reardanz (2020, Psychology, University of Alabama)
 - Katelyn Massey (2020, Psychology, University of Alabama)
 - Grace Simmons (2020, Psychology, University of Alabama)
 - *Krysten Costlow (2021, Psychology, University of Alabama)
 - Christopher Breeden (2021, Psychology, University of Alabama)
- Doctoral Dissertation Committee Member
 - James Rankin (2019, Psychology, University of Alabama)
 - Jenna Reardanz (2021, Psychology, University of Alabama)
 - Katelyn Massey (2021, Psychology, University of Alabama)
- Master Thesis Committee Member
 - Giana Angotti (2021, Psychology, University of Alabama)
 - Francisco Marquez (2021, Psychology, University of Alabama)
 - Lindsey Held (2021, Psychology, University of Alabama)
- Undergraduate Honor Thesis Committee Member
 - Caroline Watson (2021, Psychology, University of Alabama)
 - Allison Freund (2021, Psychology, University of Alabama)
- Graduate Student Training
 - Yi Chen (2019-, Graduate Research Assistant in Education Psychology, University of Alabama)
 - Pratibha Gautam (2021-, Graduate Student in Psychology, University of Alabama)
 - Korina Odom (2021-, Graduate Student in Psychology, University of Alabama)
- Undergraduate Student Training
 - Caroline Watson (2019-2021, Undergraduate Honors Program in Psychology, University of Alabama)
 - Allison Freund (2019-2021, Undergraduate Honors Program in Psychology, University of Alabama)
 - Emily Culbertson (2020, Undergraduate Honors College by Contract, Psychology, University of Alabama)
 - Hannah Sellers (2020, Undergraduate Research Assistant in Psychology, University of Alabama)
 - Shannon Dunne (2020-, Undergraduate Research Assistant in Psychology, University of Alabama)
 - Brooke Ingraham (2020-2021, Undergraduate Research Assistant in Psychology, University of Alabama)
 - Madeleine Kirby (2020-2021, Undergraduate Research Assistant in Psychology, University of Alabama)
 - Pratibha Gautam (2020-2021, Independent Researcher in Psychology, Troy University)
 - Rae Guidry (2020-, Undergraduate Honors Program in Psychology, University of Alabama)
 - Hannah Sliman (2020-, Undergraduate Research Assistant in Psychology, University of Alabama)
 - Taylor Connelly (2021-, Undergraduate Research Assistant in Psychology, University of Alabama)
 - Alana Enright (2021-, Undergraduate Research Assistant in Psychology, University of Alabama)

-Courtney Kessler (2021-, Undergraduate Research Assistant in Psychology, University of Alabama)
 -Isabelle Kyle (2021-, Undergraduate Research Assistant in Psychology, University of Alabama)

Service-Related Activities

- Publicity Committee, Department of Psychology, The University of Alabama, 2020 – current
- Statistical Consultant, Department of Psychology, The University of Alabama, 2019 – current
- Experimental Committee, Department of Psychology, The University of Alabama, 2019 – current
- Graduate Statistics Committee, Department of Psychology, The University of Alabama, 2019 – current
- Graduate Student Chair for Diversity Committee, Department of Human Development and Family Studies, The Pennsylvania State University, 2013 – 2014
- Wind Chime Team Member, The Sci-Art Graduate Student Exhibition, The Pennsylvania State University, 2013
- Group Counseling Service, Non-Benefit Activity for AIDS Susceptible People in Gay Population, Wuhan, Hubei, 2011
- Family Counseling Service, Non-Benefit Activity to Strengthen Students' Learning Skills for Families with Children in Primary and Middle Schools, Wuhan, Hubei, 2011
- Mental Health Counseling Service, “Sunshine in Heart, Health in Life” for Students in the College of Economic and Management, Wuhan University, 2011
- Mental Health Counseling Service, Women's Mental Health, Wuhan, Hubei, 2011
- Marriage and Intimate Relationship Counseling Service, “Love at First Sight”—a Blind Date Among Thousands of People, Wuhan, Hubei, 2011
- On-Campus Psychological Service, Center for Mental Health Education, Wuhan Commercial Service College, 2010
- Social Practice Volunteer, Series Research-Related Service on Caring Peasant-Workers' Children, Wuhan University, 2010
- Group Counseling Service, The Camp for New Students in Jinmei Middle School, Jinmei, Hubei, 2010
- Member, Psychological Mutual-Assistance Committee, Graduate Student Union, Wuhan University, 2009 – 2010
- Social Work Volunteer, “Go Sichuan With Heart” Psychological Support Group in 5•12 Disaster Area, Sichuan, 2008